

Troy Yocum – founder of **Active Heroes** – came up with a plan to raise awareness and funds to help military families by hiking across America. He began the 17-month journey, dubbed the “Hike for Heroes”, on April 17, 2010 and finished more than 7,800 miles across 37 states on September 3rd, 2011. Yocum became the first veteran to ever walk the length of 3 times across America and was awarded the Citizen Honors Medal by the Congressional Medal of Honor Society. The hike garnered national attention for veteran suicide awareness, raised \$1.3 million for military families and helped to create the charity named **Active Heroes** to continue a mission to end veteran suicide.

Since the inception of **Active Heroes**, the programs have adapted to identify the triggering points associated with veteran suicide. **Active Heroes** has national programs in every state and regional programs serving various locations.

- Active Challenges – Free events, seminars and Team Leader training for every state.
- Peer mentors, business partners and resources in every state.
- A Military Family Retreat Center located in Shepherdsville, KY.
- A Military Family Community Center located in Louisville, KY.

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☆ My project this year is **Active Heroes**. ☆

☆ **Active Heroes**, headquartered in ☆

☆ Louisville, KY, is a 501c3 charity with ☆

☆ the vision to end veteran suicide. The ☆

☆ organization helps veterans and their ☆

☆ loved ones through physical, educational, ☆

☆ emotional seminars, plus peer-to-peer ☆

☆ support programs. Additionally, **Active** ☆

☆ **Heroes** hosts nearly 500 events ☆

☆ nationwide for military families to connect. ☆

☆

☆ The **Active Heroes** Retreat Center, in ☆

☆ Shepherdsville, KY, is the first retreat in ☆

☆ America designed by military families to ☆

☆ help military families heal! It is open to ☆

☆ military families free of charge. Families ☆

☆ can enjoy the designated “healing areas” ☆

☆ for solitude or participate in numerous ☆

☆ activities which include archery, hiking ☆

☆ trails, agricultural training, camping and ☆

☆ much more. ☆

☆

☆ I am very passionate when it comes to ☆

☆ this cause and look forward to working ☆

☆ with **Active Heroes** Founder Troy Yocum ☆

☆ and my fellow Sons across the country to ☆

☆ raise funds and awareness on their behalf. ☆

☆

☆ On behalf of the Veterans you serve – ☆

☆ THANK YOU – and Thanks in advance for ☆

☆ your support of my Commander’s Project ☆

☆ – **Active Heroes**. ☆

☆

☆ Sincerely, ☆

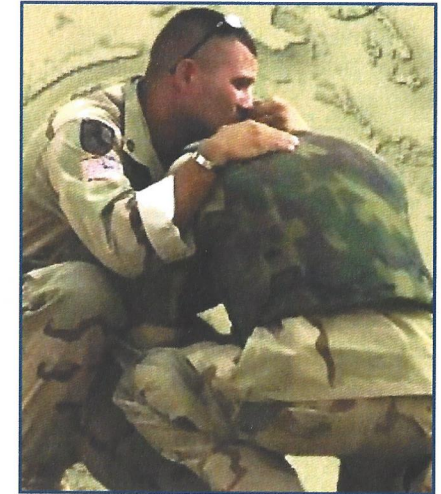
☆ *Harold Collins* ☆

☆ Harold Collins ☆

☆ National Commander ☆

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Even Heroes Need A Helping Hand...



Sons of AMVETS



National Commander
Harold Collins

2017 - 2018

Project



ACTIVE HEROES

Serving Veterans and Military Families



Our vision is to
end Veteran suicide.



Active Heroes reduces depression, PTSD and in turn suicide through:

- **Education-** Peer Mentor suicide training and certification program.
- **Active Challenges-** Over 500 national events that help connect Veterans, Military Families and supporters while building camaraderie.
- **The Active Heroes Community Center-** Designed to help improve the lives of Military Families with activities that include acupuncture treatments, massages, yoga, crossfit, seminars and family nights.
- **The 144-acre Active Heroes Retreat Center-** Hosting thousands of Military Families for camping programs that include horses, archery, hiking trails and featured overnight cabins for families.

For more information visit
ActiveHeroes.org

Sign up for an activity at,
(502) 277-9280

Active Heroes is a
501(c)(3) Charity

"This amazing organization has repeatedly gone above and beyond expectations when it comes to their service and dedication to military/veterans and their families. There are so many other groups that SAY they are going to do something, and this outstanding group of individuals DO what they say they're going to do."

— John Ponds, *U.S. Marines*

"I have witnessed this mission save lives, first hand by Active Heroes. Ran by leaders beyond reproach. Quickly building unconventional support groups for vets with PTSD and suicidal tendencies daily. A great vision to accomplish and many important missions achieved along the way."

— Major Justin Fitch, *U.S. Army*

✍

Active Heroes is an IRS approved 501c3 Charity with the mission to support all U.S. military service members, veterans and their families through physical, educational, and emotional programs in an effort to eliminate military/veteran suicide.

Name: _____ E-Mail: _____

Address: _____ State: _____ Zip: _____

Amount of Donation: _____



Please Mail your support to:
National Sons of AMVETS, 4647 Forbes Blvd., Lanham, MD 20706.
Make checks payable to: *National SOA Commander's Project*