

---

## BECOME A DONOR

---

### GIFT LEVELS

- Squadron Commander \$1,000 >
- Flight Leader \$500.00
- Flight Wingman \$100.00
- Element Leader \$50.00
- Element Wingman \$25.00
- Other \$ \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

In Honor Of (optional): \_\_\_\_\_

---

National Sons of AMVETS  
4647 Forbes Blvd. Lanham MD 20706



---

## COMMANDER'S PROJECT

---



The number of veterans dealing with Diabetes, which includes my father, is why I have selected AMVETS Diabetes

Institute as my Commander's Project. To raise funds for this project and to draw attention to the fact that in many ways, we have it backwards in how we care for our veterans; I will be running / walking backwards in the 5K event held on April 23, 2016 at Ohio University in the Race for a Reason. You can help by sponsoring me in this event or by making a donation to Sons of AMVETS National Commander's project. Please send your donation to National Sons of AMVETS, 4647 Forbes Blvd. Lanham MD 20706 or contact me at [d.strittmather@sonsofamvets.org](mailto:d.strittmather@sonsofamvets.org) or call 440-653-3059 for additional information.

NATIONAL SONS OF AMVETS  
4647 Forbes Boulevard  
LANHAM, MD 20706  
(301) 683-4099  
[sonsofamvets.org](http://sonsofamvets.org)

---

## SONS OF AMVETS

---



AMVETS DIABETES  
RESEARCH  
INSTITUTE OF  
OHIO UNIVERSITY

Commander  
David T. Strittmather  
2015 ~ 2016





# AMVETS DIABETES RESEARCH INSTITUTE

More than 35 students have received the AMVETS Diabetes Research Institute grants and have now graduated. All these students have continued their careers in the medical industry. Dr. Andrew Razzano, the first doctor from the program graduated this past year and is now a practicing doctor in the Akron, Ohio area.



Founded in 2003, AMVETS Diabetes Institute at Ohio University has invested nearly \$300,000 in curing diabetes. AMVETS has teamed up with the world-class program at Ohio University led by Dr. John Kopchick. 100% of funding goes to training of students in diabetes research.

### Why is diabetes a concern for AMVETS?

According to Dr. Linda Kinsinger, VA's chief consultant for preventative medicine, 24% of veterans have Type 2 Diabetes. The numbers are growing on a yearly basis.

### Who benefits for my donation?

Your donation enables Ohio University to grant training awards directly to students. A full 100% of your donation goes directly to research via student training awards. To qualify for an AMVETS Diabetes Research Institute training award, the student must be a veteran, or have a parent or grandparent who served in the Armed Forces.

### Resources:

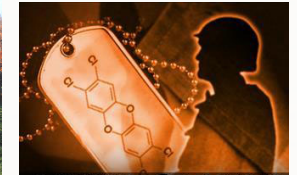
va.gov ❖ American Diabetes Association diabetes.org

### VETERANS AND DIABETES:

Nearly one in four Veterans receiving care from VA has diabetes compared to about 8 percent of the US population diagnosed with the disease. Diabetes mellitus type 2 is one of the diseases VA presumes is associated with exposure to herbicides, such as Agent Orange. About one-in four persons with diabetes are not aware that they have the condition.



*One in four Veterans has diabetes*



*Know the risk factors include exposure to chemicals*

### PEOPLE DIAGNOSED WITH DIABETES:

On average, have medical expenditures are approximately 2.3 times higher for diabetes patients than what expenditures would be in the absence of diabetes. They have increased absenteeism and reduced productivity while at work. Many are unable to work as a result of disease-related disability and lost productive capacity due to early mortality.



*Monitoring of glucose*



*Watching your diet*

### THE COST OF DIABETES:

The American Diabetes Association released new research on March 6, 2013 estimating the total costs of diagnosed diabetes have risen to \$245 billion in 2012 from \$174 billion in 2007, when the cost was last examined. This figure represents a 41 percent increase over a five year period.



*Supplies of monitor meter and Insulin*



*41 percent increase over five years*